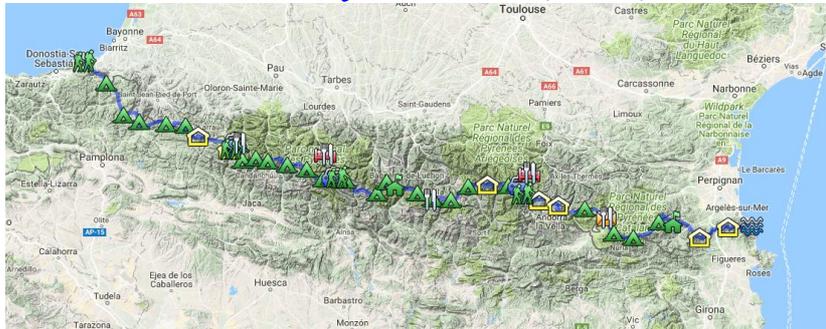




Actions Sans Frontières
Écoles européennes -
Luxembourg



"Haute Route Pyrénéenne (HRP) 2018"



In the summer of 2016 thanks to the heartwarming generosity of so many people who supported us in our GR20 trek through Corsica, [we were able to raise 3872€ for the ASF.](#)

The GR20 took 16 days, is 180km long with 12 000m of ascent and descent.

This year we have set ourselves a bit of a bigger challenge.

The Haute Route Pyrénées, which we will attempt to walk from east to west, sticks to the highest and most inaccessible trails, criss-crossing the mountainous border between France and Spain (appropriate for an organisation that includes "sans frontières" in its name!) for a distance of approximately **800km** and altitude gain/loss of approximately **49 000 m**.

(That's up and down Everest from sea-level, five and a half times gulp.)

We will, as in Corsica, be semi-independent, camping but where possible we will eat at mountain refuges.

We would again like to use the opportunity to both raise [awareness of the work that the ASF](#) does in helping children throughout the world and **also raise funds to continue this valuable work.**

There are no paid members of ASF so the maximum possible is used in supporting the projects.

If you would like to help us to achieve our target please send an email with your proposed donation to

manac@pt.lu

No donation is too small (nor too big).

We would like, if possible, to reach the sum of 4500€, as this will

- i) beat the amount raised in 2016 and
- ii) mean that we are raising 100€ per day of walking.

But remember, ultimately, however much we raise is better than nothing and we hold nobody to account for supporting us or not.

[Details on how to contribute will be sent after we have \(hopefully\) completed the trek.](#)



Mark & Marion Manancourt
(European School Teachers – now retired
and putting our feet upand down, and up and down.... ;-)